

Sizing/Fit Guide

Phase Fit Guide

PHASE	1	2	3	4	5
 WEIGHT	LWT LIGHTWEIGHT	MWT MIDWEIGHT	SUPER MWT SUPER MIDWEIGHT	HWT HEAVYWEIGHT	SUPER HWT SUPER HEAVYWEIGHT
 ATHLETIC FIT					
 RELAXED FIT					
 QUICK DRY					
 ACCLIMATE® DRY MOISTURE WICKING					
 Ag47® SILVER ANTI-MICROBIAL					
 CLEAN SEAM					
 BREATHES					

What Size Am I?

Use the chart below to determine the best sizing for you. If you think you could be in-between two sizes we recommend: for a more athletic/tighter fit, ordering the smaller size; for a more relaxed/looser fit, order the larger size. For those who have boarder chest with a smaller waist, we recommend ordering the size based upon your chest measurements.

SIZE CHARTS					
WOMEN'S					
	XSMALL	SMALL	MEDIUM	LARGE	XLARGE
SIZE	0-2	4-6	8-10	12-14	16-18
BUST	28-30	31-33	34-36	37-39	40-42
WAIST	18-20	22-24	26-28	30-32	34-36
HIPS	34-35	36-37.5	38-40	40.5-42	42.5-46
MEN'S					
	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE
CHEST	34-36	38-40	42-44	46-48	50-52
WAIST	28-30	32-34	36-38	40-42	44-46

How Do I Want It To Fit?

Below are visual representations of the types of fits XGO offers. How a product fits is annotated in the product description of each product, as well as a visual reference on Size/Fit tab.

