| SIZE | NUMERIC SIZE | WAIST |
|------|--------------|-------|
| xs   | 28-29        | 30-31 |
| s    | 30-31        | 32-33 |
| М    | 32-33        | 34-35 |
| L    | 34-35        | 36-37 |
| XL   | 36-38        | 38-40 |
| XXL  | 40-42        | 42-44 |
| XXXL | 43-44        | 45-46 |
|      |              |       |

IN CM

| SIZE | NUMERIC SIZE | WAIST       |
|------|--------------|-------------|
| xs   | 28-29        | 76.2-78.7   |
| s    | 30-31        | 81.3-83.8   |
| М    | 32-33        | 86.4-88.9   |
| L    | 34-35        | 91.4-94     |
| XL   | 36-38        | 96.5-101.6  |
| XXL  | 40-42        | 106.7-111.8 |
| XXXL | 43-44        | 45-46       |

## **Measuring Guide**



- A. Waist: Measure where you like your pants to sit at your waist.

  Subtract 2" from this measurement to determine your numeric size.
- B. Inseam: Grab your favorite pair of jean/pants. Measure the inseam starting at the crotch seam to the bottom of the pant leg (round to the nearest 1/2 inch).